

**2 DAYS ONLY**

**Share YOUR RATE**

**OCTOBER 21-22**  
4:30 - 9:00 P.M.

**SIGN UP AND RECEIVE YOUR FAMILY OR FREINDS DISCOUNT!**

**ALL LOCATIONS**  
WOMEN'S OPEN UNTIL 10 P.M.  
CO-ED OPEN UNTIL 11 P.M.

**DON'T HAVE A RATE?**  
Ask us how to get started on our family and friends rate!

**\$0 ENROLLMENT** | **1/2 PRICE HOT YOGA**

\*Available on new membership agreements only. Cannot be combined with other promotions or special offers. \*Some restrictions may apply. See club for details



www.shapes.ca

1910 Pembina Hwy. 3340 Portage Ave. 2535 McPhillips St. 1325 Henderson Ave. Southdale (Fermor) 204-989-7100 204-889-7934 204-989-5280 204-989-5333 204-989-7572



1910 Pembina Hwy. 1150 Nairn Ave. 2535 McPhillips St. 204-989-7050 204-989-6628 204-989-5280

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